

Indwelling Catheter Care

	FOR FEMALE	FOR MALE
1	Perform hand hygiene and don gloves.	Perform hand hygiene and don gloves.
2	Remove the anchor device to free catheter tubing.	Remove the anchor device to free catheter tubing.
3	In females, with the non-dominant hand, gently retract labia to fully expose urethral meatus and catheter insertion site, maintaining the position of the hand. Accidental closure of the labia during the cleansing requires the procedure to be repeated.	In males, with the non-dominant hand, retract foreskin if not circumcised, and hold the penis at the shaft just below glans, maintaining position throughout the procedure. Accidental dropping of the penis during the cleansing requires the procedure to be repeated.
4	Assess the urethral meatus and surrounding tissue of inflammation, swelling, and discharge. Note the amount, color, odor, and consistency of the discharge. Ask the patient if there is any burning or discomfort.	Assess the urethral meatus and surrounding tissue of inflammation, swelling, and discharge. Note the amount, color, odor, and consistency of the discharge. Ask the patient if there is any burning or discomfort.
5	Using a clean cloth, soap and water, cleanse around the urethral meatus and catheter. Cleansing from the pubis toward the anus, clean the labia minora. Cleansing away from the urethra, and never toward the urethra. Use a clean side of the cloth for each wipe. Finally clean around the anus. Dry the area well.	While spreading the urethral meatus, using a clean cloth, soap and water, cleanse around the catheter first, and then wipe in circular motion around the meatus and glans. Cleansing away from the urethra, and never toward the urethra. Use a clean side of the cloth for each wipe, cleanse from the glans toward the anus. Finally clean around the anus. Dry the area well.
6	With towel, soap and water, wipe in circular motion along the length of the catheter for 4 inches, or 10 cm.	With towel, soap and water, wipe in circular motion along the length of the catheter for 4 inches, or 10 cm.
7	Apply antibiotic ointment at the urethral meatus and along the catheter about 1 inch, or 2.5 cm, if antibiotic ointment has been ordered by a physician, or if in accordance with policy.	Apply antibiotic ointment at the urethral meatus and along the catheter about 1 inch, or 2.5 cm, if antibiotic ointment has been ordered by a physician, or if in accordance with policy.
8	Reanchor the tubing of the Foley, and reposition the patient.	Reanchor the tubing of the Foley, and reposition the patient.
9	Remove gloves, and practice hand hygiene.	Remove gloves, and practice hand hygiene.

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