

For you, it's not as a duty or a chore, but as a labor of love that you've committed to taking care of a loved one in need. You know only all too well that doctors and nurses aren't the only ones responsible for quality healthcare; every day, you work on the front lines, providing day-to-day support and doing whatever you can to ensure the best quality of life. Your job may be a daunting one, but support is available. Take advantage of the online resources listed below.

## CAREGIVER RESOURCES



### WEBSITES

Eldercare Locator

<http://eldercare.gov>

Medicare.gov website

[www.medicare.gov/caregivers](http://www.medicare.gov/caregivers)

USA.gov website

<http://tiny.cc/USAcare>

Family Caregiver Alliance – Ohio resources

<http://tiny.cc/FCAohio>

Ohio KePRO – Shopping Bag/Resource Library

[www.ohiokepro.com/shopping](http://www.ohiokepro.com/shopping)

### FACT SHEETS/BROCHURES

10 Questions that Can Change Your Life

<http://tiny.cc/10q>

Care for the Family Caregiver

<http://tiny.cc/CFCpdf>

Caregiver Guide

<http://tiny.cc/care-stress>

Plan for the Future

<http://tiny.cc/future-plan>

Rx for Caregivers

<http://tiny.cc/careRx>